

Senior Health & Fitness Fair

INFORMATION & ENTERTAINMENT

FOR SENIORS, THEIR FAMILIES AND FRIENDS



FREE Parking

FREE ADMISSION

Sept 17, 2022 10am to 4pm

Wyndham Sacramento Hotel 5321 Date Avenue

Off of Highway 80 at Madison Sacramento, CA 95841

www.SeniorHealthFair.org

Information & Resources for a Safer, Healthier and Happier Life

Welcome to the Senior Health & Fitness Fair

As you enter the expo, you will be surrounded by dozens of exciting exhibits on a wide variety of subjects pertinent to your well-being and happiness. Many of the exhibitors have come from throughout the region to discuss their health therapies and plans with you. So please take the time to stop and talk with them...you might just find an ideal match for your needs!

The producers of the **Senior Health & Fitness Fair** would like to thank the following people and organizations for

their work and support: Dru Isanda, for administrative and organizational work; Jess Rodriguez for his marketing efforts; Dan Tirapelli of Crux Design for designing and maintaining our websites; Paul Scholl and the Messenger Publishing Group for their support as a print media sponsor. We appreciate the support of The Sacramento Bee for getting the word out via print and social media. We thank our Sponsors Aetna, SMUD, Eskaton, Agency on Aging Area 4, and the City of Citrus Heights, for their sponsorships and promotional efforts.



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ENTERTAINMENT

Classic Rock'N'Roll from the 50s, 60s and 70s.

Car songs, surfer songs, old time rock, cruisin' songs! It's the music you grew up with.



Award-Winning Elvis tribute artist Gene Lane!

Gene is a veteran of 15 tours to Japan, Paris, the Bahamas and voted Best Elvis in Las Vegas at the Thunder Valley Casino! You will really enjoy the show as Elvis is recreated for your enjoyment! Gene is also a rockin' DJ who will play "Blasts from the Past" throughout the show.

Gene Lane's Contact Information: (530) 622-0396



The Spare Parts Band

Formed in 2014, with Ken Koenig on lead guitar, mandolin, and sometimes ukulele, Tony Rodriguez on bass guitar and vocals, and Steve Del Rio on drums. Spare Parts plays a large variety of music that spans from the early days of Rock N Roll to Classic Rock, Blues, Country, some Jazz standards, and more!

**Spare Parts Band Contact Information:
Ken Koenig (916) 807-7181**

SCHEDULE OF ENTERTAINMENT

10:00 a.m. to 11:00 a.m.: Rock'n'Roll DJ spinning top hits of the 60s and 70s.

11:15 a.m. to 12:00 p.m.: ELVIS Impersonator Gene Lane

12:30 p.m. to 1:30 p.m. & 2:00 p.m. to 3:00 p.m.: Spare Parts Band

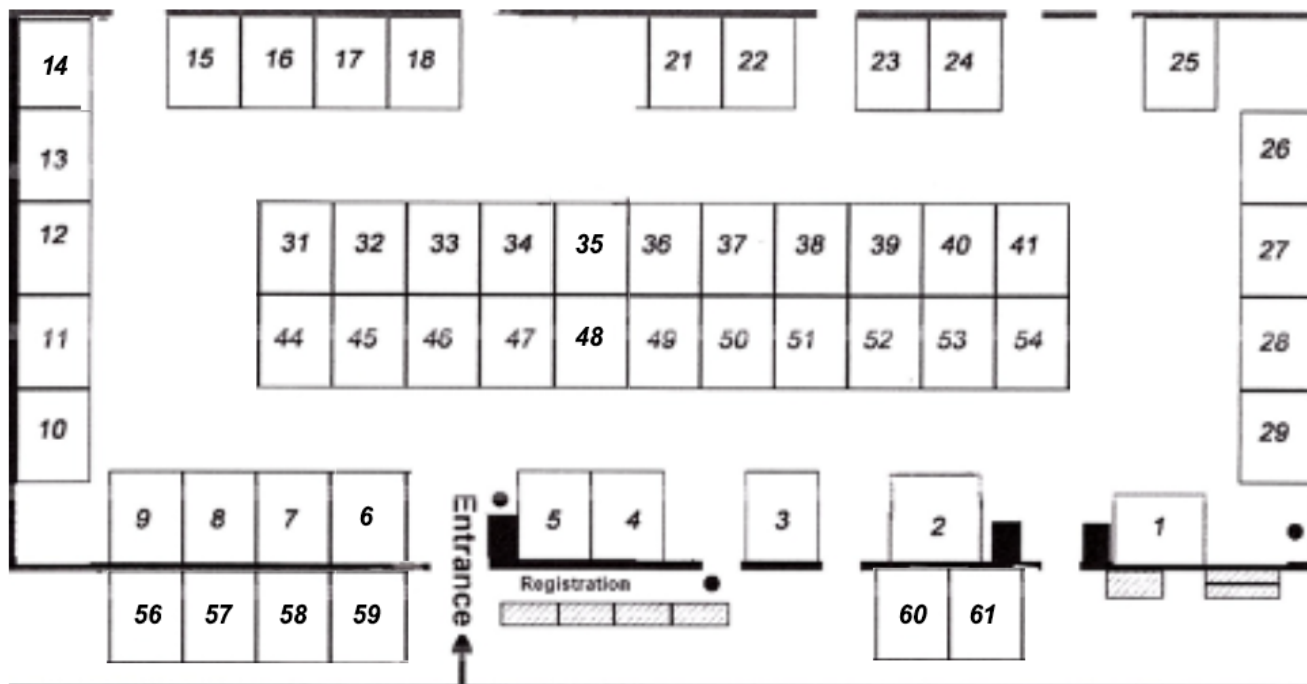
Check out the classic cars in the hotel parking lot



DISCLAIMER: We at the Senior Health & Fitness Fair have done our best to bring together products and services that have a "proven track record" and might best assist you in making your life healthier and more productive. However, because of the seriousness of health and financial matters, we must strongly urge you to apply your "due diligence" to investigate before you buy. The Senior Health & Fitness Fair and its producer, Recovery Enterprises, and any of the show's sponsors are not responsible for any claims made by exhibitors; they are not responsible for the effects of products or services offered and they do not endorse any offerings, products, or services.

The Senior Health & Fitness Fair is the property of Recovery Enterprises. All rights are reserved. Contact: (916) 910-9499 or email at info@recoveryforall.net

Wyndham Sacramento Hotel



2022 LIST OF EXHIBITORS

Lobby: 211 Sacramento, info@211sacramento.org, www.211sacramento.org/211/

Lobby: Agency on Aging Area 4, https://agencyonaging4.org

Lobby: Messenger Publishing Group, publisher@mpg8.com, www.mpg8.com

Lobby: Sacramento Public Library, hharrison@saclibrary.org, www.saclibrary.org

Lobby: Senior Health Fair, info@recoveryforall.net, www.seniorhealthfair.org

1. SMUD. www.smud.org
2. Capital City Surgery Center. kim.russell@sutterhealth.org. www.sutterhealth.org
2. Sutter Alhambra Surgery Center. chad.smith@sutterhealth.org. www.sutterhealth.org
3. Sorenson Caption Call. mbingham@captioncall.com. www.captioncall.com
4. HearingLife. rerx@hearinglife.com. www.hearinglife.com
5. Walgreens. www.walgreens.com
6. Eskaton Village Carmichael. helen.day@eskaton.org. www.eskaton.org
7. Live Well At Home by Eskaton. chris.ventura@livewellathome.com. www.livewellathome.com
8. Eskaton Community Outreach. valerie.vision@eskaton.org. www.eskaton.org
9. California Phones. vharling@ccaf.us. https://ccaf.us
10. Quantum Medical Supply. teaba1715@comcast.net. www.quantummedicalsupply.com
11. Good Shepherd Insurance Agency. chris.frederick@goodsshepherdinsurance.com. www.goodsshepherdinsurance.com
12. Nightwater Health CA. management@nightwaterhealthca.com. www.nightwaterhealthca.com
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14. Alignment Healthcare, esandoval3@ahcusa.com, www.ahcusa.com
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33. Senior Healthcare Specialist - K. Fernandez. katie@alltypesins.com.
34. Cogir of Stock Ranch Senior Living. dmasters@kogir.net. www.kogirofstockranchseniorliving.com
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36. Edward Jones. mackie.chaudhry@edwardjones.com. www.edwardjones.com/mackie-chaudhry
37. Trident Society. Brigitte.LaFauci@sci-us.com. www.tridentsociety.com
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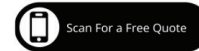
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